# FREEDOM HOUSE

Domestic & Sexual Violence Services

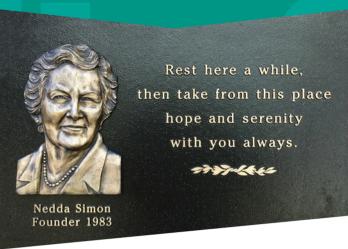
Freedom House is a client-centered agency that strives to empower survivors to regain control of their lives. The abiding principles of this approach are treating clients with dignity and respect, individualizing service plans to meet the unique needs of each person, and helping clients avoid re-victimization.

Freedom House fulfills my dream of offering a safe haven to all. Quiet comfort – from chaos, violence, fear, and threats – is now a reality for anyone who seeks it.

**Nedda Simon**Freedom House Founder

Freedom House is the pioneering leader of domestic and sexual violence services in Bureau, Henry, Marshall, Putnam, and Stark Counties. Facilities include an administrative office and shelter in Princeton at 440 Elm Place and outreach offices in Cambridge, Kewanee, Geneseo, and Lacon.

### **OUR GOALS**



- Provide compassionate, confidential, and comprehensive services at no cost to survivors of domestic and sexual violence;
- Work collaboratively with collateral agencies to obtain legal remedies, medical attention, and all available services to support an enhanced quality of life; and
- Provide professional trainings, public awareness, educational programs, and the promotion of volunteerism in the service of combating domestic and sexual violence.





Funding provided in whole or in part by the Department of Human Services.

FHI-101 8/24

# FREEDOM HOUSE



www.freedomhouseillinois.org

**24-HOUR HOTLINE** 

(800) 474-6031

### **FREE SERVICES**



#### **W** EMERGENCY SHELTER

Our 28-bed-plus-two-crib facility provides a safe environment where survivors can begin to rebuild their lives and their support systems damaged due to domestic or sexual violence.

#### COUNSELING

We provide individual and group counseling for children, teens, adults, and their nonoffending significant others. Services are provided in our offices, off-site in schools, via telehealth, and other safe spaces.

#### PSYCHOTHERAPY

Licensed therapists treat domestic violence clients with mental health disorders, including depression, anxiety, PTSD, and ADHD.

#### SUBSTANCE-USE SUPPORT

Certified specialists provide recovery support for domestic violence clients who are struggling with a substance-use problem.

#### **W** MEDICATION MANAGEMENT

Physicians and advanced practice nurses prescribe and monitor medications for domestic violence clients that treat mental health and substance-use disorders.

#### L CRISIS INTERVENTION

Our program maintains a 24-hour crisis hotline for access to crisis counseling, information, and referrals.

#### **M** LEGAL ADVOCACY

Court accompaniment, liaison with police and the State's Attorney's Office, and assistance in seeking Orders of Protection, Civil No-Contact Orders, and Stalking No-Contact Orders. Guidance in filing for Crime Victims' Compensation. Support is also given during divorce, criminal or family case proceedings.

#### **41** 24-HOUR MEDICAL ADVOCACY

We provide crisis counseling in hospital emergency rooms, provide information about what happens during the medical forensic exam, and assist with immediate shelter and clothing needs.

#### **DOMESTIC VIOLENCE EDUCATION**

A 10-hour curriculum (one time per week) that informs clients about the dynamics of domestic violence and the history of the Illinois Domestic Violence Act. This service is available to clients who are mandated or seeking education voluntarily.

#### PARENTING UNDER STRESS

A 10-hour curriculum (one time per week) that explores parenting under stress, discipline vs. punishment, and nurturing children's needs. This service is available to clients who are mandated or seeking education voluntarily.

#### OTHER ADVOCACY / CASE MANAGEMENT

We provide advocacy on behalf of survivors with school personnel, social service agencies, housing, mental-health agencies, and other needed providers. Advocacy also includes case management and case coordination activities, which ensure that the counseling and/or advocacy services are coordinated with and informed by other services the client needs and/or is receiving.

# COMMUNITY EDUCATION & OUTREACH

Violence prevention and education programs in schools and religious, community, and social organizations; professional workshops and trainings for social workers, medical service providers, law enforcement, teachers, and school administrators.

#### BILINGUAL SERVICES

Freedom House provides clientcentered, culturally competent services to individuals and families in our Hispanic communities.

## **VOLUNTEERISM**

Freedom House offers a wide variety of volunteer opportunities, including direct-service and indirect-service roles. We provide extensive training and support for qualified individuals who wish to give back to their community and be part of the movement to end domestic and sexual violence.